

Shawn Hermenau, MD

4835 East Crystal Lane

Paradise Valley, AZ 85253

928-446-6366 (cell)

desertspinelegal@gmail.com



Education

08/10 Spine Fellowship, Yale University, New Haven, CT

07/05 Orthopedic Surgery Residency, Tripler Army Medical Center, Honolulu, HI

05/00 MD with Distinction, George Washington University School of Medicine, Washington DC

08/96 BS, Physics, University of Utah, Salt Lake City, UT

Work Experience

2020 - **Present** Vice-Chair, Department of Surgery, Yuma Regional Medical Center, Yuma, AZ

2019 - **Present** Co-owner and Board Member, Yuma Advanced Surgical Suites, Yuma, AZ

2019 – **Present** Clinical Teaching Faculty, Yuma Regional Medical Center Family Medicine Residency Program, Yuma, AZ

2018 - **Present** Credential Committee Member, Yuma Regional Medical Center, Yuma, AZ

08/10 - **Present** Spine Surgeon (SOLO PRIVATE PRACTICE), Co-owner Desert Spine Institute Yuma, AZ

08/09 – 07/10 Spine Fellow, Yale University, Yale University School of Medicine Yale-New Haven Hospital New Haven, CT

07/07- 7/1/09 Orthopaedic Surgeon, Martin Army Hospital Ft Benning, GA

10/06-7/07 Chief, Department of Orthopaedic Surgery Bayne-Jones Army Community Hospital Ft Polk, LA

09/06- 11/06 Chief, Orthopaedic Surgery 14th Combat Support Hospital Bagram Airfield, Afghanistan

06/06- 09/06 Deputy Commander and Orthopaedic Surgeon 3rd Special Forces Group, Task force 31 Tarin Kowt Forward Surgical Team Task Force Med / CJSOTF Tarin Kowt, Afghanistan

01/06- 06/06 Staff Orthopaedic Surgeon, 14th Combat Support Hospital Bagram Airfield, Afghanistan

08/05- 12/05 Staff Orthopaedic Surgeon, Bayne-Jones Army Community Hospital Ft Polk, LA 07/00-

07/05 Orthopaedic Surgery Resident, Tripler Army Medical Center Honolulu, Hawaii

Professional Licensure

Board Certified, ABOS 2008 (recert 2028)

Licensed Physician state of Arizona

Current Clinical Privileges

Yuma Regional Medical Center, Yuma, AZ

Yuma Advanced Surgical Suites, Yuma, AZ

HonorHealth Scottsdale Thompson Peak Medical Center, North Scottsdale, AZ

HonorHealth Scottsdale Shea Medical Center, Scottsdale, AZ

Professional Societies

Diplomat, North American Society of Spine Surgery

Military Training

Advance Officer Course (Formerly Captain's Career Course), US Army, 2006

US Army War Surgery Course – Brooke Army Medical Center, 2006

War Casualty Course, Tripler AMC, HI 2002

Combat Casualty Course (C4), Ft. Sam Houston/Camp Bullis, TX 2001

Officer Basic Course, Ft. Sam Houston, TX Ft Sam Houston, TX 1997

Honors/Awards

Clinical Rotation of the Year Award, YRMC Family Residency Program, 2019, 2020, 2021, 2022
Resident Voted award.

Voted one of "America's Top Orthopaedic Spine Surgeon," 2009,2010,2014,2015,2018,2019 Consumers'
Research Council of America

Bronze Star, US ARMY – Operation Enduring Freedom, Afghanistan 2006

Publications/Presentations

1. Hermenau S, Grauer JN. Commentary for Section 9: Cervical degenerative conditions. Instructional Course Lectures Spine. Editor Chris Bono. American Academy of Orthopedic Surgeons, Rosemont, IL. 2010
2. Hermenau S, Grauer JN. Axial Neck and Back Pain Evaluation and Management. Orthopaedic Knowledge Update: Spine 4. Editor Raj Rao. Chapter 25, Pg 283- 292. AAOS Publications. 2012
3. Hermenau S, Prewitt A. Biochemistry of Spinal implants: Short- and Long-Term Considerations. The Comprehensive Treatment of the Aging Spine: Minimally Invasive and Advanced Techniques. Editor James J Yue, MD. Elsevier Publishers. Chapter 70, page 459-466- Dec 2010.
4. Burtis/Hermenau, 'Scaphoid Fracture Detection in a Military Population: A Standardized Approach for Medical Referral'. Published, Military Medicine, MAY 2006.
5. Hermenau, Presentation, 'Accuracy of Linear Measurements using Digital Radiography,' Hawaii Orthopaedic Association Meeting 2003, Honolulu, Hawaii.
6. Hermenau, Poster Presentation, 'Isolated Carpometacarpal Dislocations of the Small Finger,' SOMOS Meeting 2002, Vail, Colorado.
7. Hermenau/Schaefer, Presentation, 'Clinical Outcomes of Unresolved Osgood-Schlatter Disease,' Hawaii Orthopaedic Association Meeting 2002, Honolulu, Hawaii.
8. Baechlor/Hermenau, 'ESR and CRP Levels in Post-Operative Knee Arthroscopy Patients,' SOMOS Meeting 2001, Vail Colorado and Hawaii Orthopaedic Association Meeting 2002, Honolulu, Hawaii.
9. Hermenau/Faillace/Ingari, Presentation, 'Surgical Outcomes of Dorsal Wrist Ganglion Cyst Excision with and without Partial Wrist Denervation,' HOA Meeting 2004, Honolulu, Hawaii, SOMOS Vail Colorado 2004.
10. Hermenau/Ipsen, 'Predictive Value of Intra-articular Pathology using differential injections in the Knee,' Hawaii Orthopaedic Association Meeting, 2004, Honolulu, Hawaii.
11. Hermenau/Faillace, 'Thumb Ligament Reconstruction using Biotenodesis Screw, a Cadaveric Biomechanical Analysis.' Hawaii Orthopaedic Association Meeting, Spring 2005.
12. Hermenau/Faillace, 'Small Joint Ligament Reconstruction Using Biotenodesis Screw,' Technique Guide Published Arthrex, Naples FL. Spring 2005.
13. Hermenau, Presentation. Orthopedics in an Austere Environment: Afghanistan Experience. Ft Polk, Joint Readiness Training Center, Louisiana, Jan 2007.